



***CENTRAL
VICTORIAN
NETBALL ASSOCIATION***

2026 INFORMATION SESSION

Wednesday 4th March

AGENDA

1. Welcome

5min

2. Match Day

10min

3. Winter Competition Regulations

5min

4. Child Safety

5min

5. Umpires

10min

6. Development

10min

7. Community Engagement

15min

8. Q&A

Post the hour

ACKNOWLEDGEMENT OF COUNTRY

On behalf of the Central Victorian Netball Association, I acknowledge we live, work and enjoy Dja Dja Wurrung country. We extend our appreciation to the Djaara peoples. We pay respect to Elders past and present for their continued holding of memories, traditions, culture and community aspirations.



CVNA

WELCOME

Our netball community, including:

- Board
- Club Delegates
- Coaches
- Team Managers
- Operations Team



CVNA

VISION, PURPOSE, VALUES

Vision: Inspiring future generations with a passion for netball, and nurturing the skills to achieve their very best, by providing professional, skilled support.

Purpose: Provide for participation opportunities in the sport of netball in a safe, fair, inclusive and welcoming environment offering skill development, physical, social and mental health benefits for all throughout the North Central Region and Northern Zone.

Values: Respect, Integrity, Communication, Consistency, and Inclusion - RICCI.



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2. MATCH DAY

INTRODUCING OUR GAME DAY OFFICIALS:

Operations Administrator: Anna Dundon

Match Day Co-ordinator: Ann Dennis

Umpire Co-ordinator: Rochelle Whalen

Umpire Supervisor: Peta Grant

Maintenance Officer: Anthony Dennis



CVNA

DRAWS, GRADING, VOLUNTEERS

Winter comp =
30 Clubs
115 Umpires
175 Teams
1700 Players

GRADING

- Rounds 1 & 2
- Grading requests to:
admin@cvna.com.au
- Once grading is complete no changes
- No byes expected

FULL DRAW

- Available once grading has finished
- Netball Connect App
- New Website

Publish draw 11th March
(dependent on team submission)

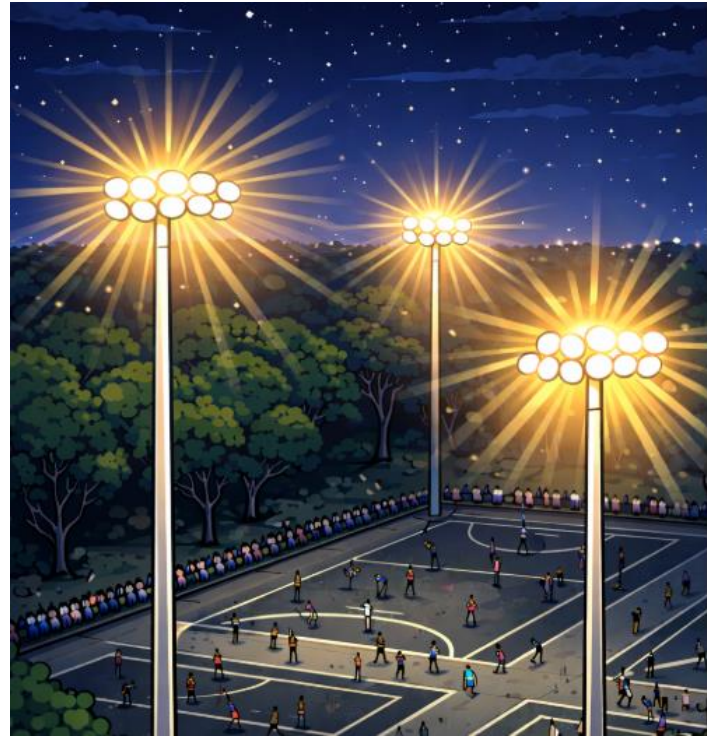
Full Draw: pending grading completion 12th April

TEAM OFFICIALS

Each team must have at least 3 official roles:

- **Coach** - MUST be registered to the team & have Foundation Accreditation
- **Scorer**
- **Primary Carer** (Team Manager is optional and can also be the Primary Carer)

TIME SLOTS



Wed Night

Div/Section TBC

- 5:30 pm
- 6:45 pm
- 8:00 pm

Fri Night

Div/Section TBC

- 5:30 pm
- 6:35 pm
- 7:45 pm

ALL TIMES STILL TBC

Wed comp – 15 min quarters
Fri comp – 12 min quarters
Sat comp (competitive) - 12 min quarters
Sat comp (unladdered) - 10 min quarters

Saturday

- 9:00 am
- 10:10 am
- 11:20 am
- 12:15 pm
- 1:15 pm
- AA's TBC

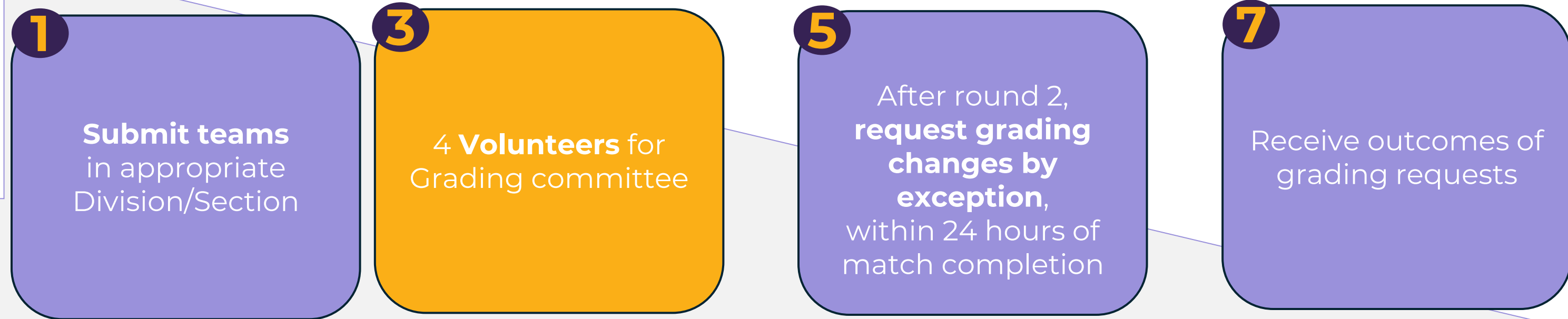
No games
April 25th –
Anzac Day

Round 1 starts: 18th March 2026

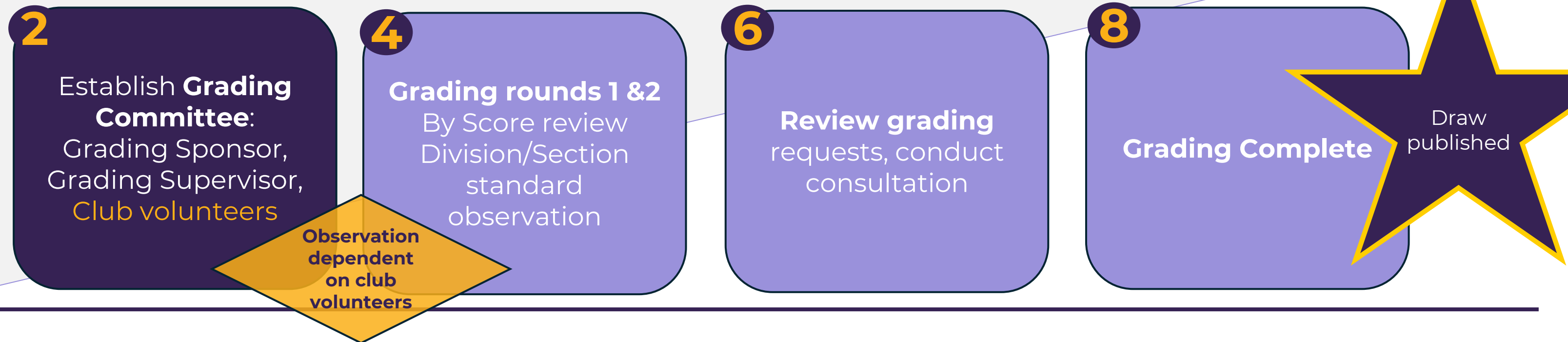
GRADING

by score & observation dependent on club volunteers

Clubs



CVNA



Grading Policy: [Policies & Guidelines](#) | CVNA

Final Grading decisions: Grading Sponsor (appointed by the Board and leads the Grading Committee)

SCORING

- Scorers **MUST** sit together in the designated area & remain there for the duration of the match. Coaches & team managers must go to them if required
- It is the responsibility of Clubs to ensure their scorers know how to score correctly
- A **“How to Score” Info sheet** will be provided on all Scoreboards
- Scoring will consist of Tablet (for all ladder teams) & hardcopy scoresheet
- Scoresheets **MUST** be signed by the Scorers, Umpires & Team Captain before being handed back to the office
- Scorers must mark **I** for a goal and an **X** for a miss during grading rounds - after grading rounds just goals **I** are required
- Remember to cross out players printed on the scoresheet who do not take the court for that match
- Scorers please write neatly & clearly
- **Paper scoresheet is the official scoresheet & is the authoritative record**
- On the tablet: tick off team members playing in each match

Central Victorian Netball Association 2026 Winter Season

Division: Insert Division e.g. 13/U A

Round: 1 **Date: 18 April 2026** **Venue: CVNA Netball Courts** **Time: 08.30am**

Home team: VIXENS Each player's name needs to be recorded

#	Player Name	Q1	Q2	Q3	Q4
1	Kate Eddy	C/-C	-/C	C/-	-
2	Jo Weston	GD	GD/-	-/C	C
3	Mwai Kumwenda	GK	GK	-	-
4	Kate Moloney	WD	WD	WD	WD
5	Hannah Mundy	WA	WA	WA	WA
6	Kiera Austin	GS	GS	GA	GS
7	Sophie Garbin	-/C	C/-	-	-
8	Rudi Ellis	-	-/GD	GD	GD
9	Zara Walters	-	-	-/GK	-
FI	Emily Mannix – 6A Red				
DP	Rudi Ellis				

Rolling subs need to be recorded see e.g. In Q1 Kate Eddy started in C, left the court /, sat on the bench – and returned to C. Sophie Garbin started on the bench -, came on / into C.
Record Fill in (FI) players First and last name along with their home team or indicate single game voucher (SGV)

Home team: SWIFTS

#	Player Name	Q1	Q2	Q3	Q4
1	Lily Gorman-Brown	C	C	-	C
2	Paige Hadley	GD	GD	GK/-	-
3	Allie Smith	GK/-	GK	GD	GK
4	Helen Housby	WD	WD	WD	WD
5	Sarah Klau	WA	WA	WA	WA
6	Teigan O'Shannassy	GS	GS	GA	GS
7	Maddy Proud	GA	GA	GS	GA
8	Maddy Turner	-/GK	-	C	-
9	Sam Wallace-Joseph	-	-	GK	GD
10	Sophie Fawns	-	-	-	-

Each quarters positions need to be written as per above.

		Total	Total
Q1	GS	IIIXXI	6
	GA	XII	
Q2	GS	IIIIIX	7
	GA	IXII	
Q3	GS	IIIIXXXIIIIIIIIIIIIIIIX	23
	GA	IIIXIXIIIXXI	
Q4	GS	III	3
	GA	XX	
ET	GS	Final Score 39	
GA			

Centre Passes												
V	S	V	S	V	S	V	S	V	S	V	S	V
V	S	V	S	V	S	V	S	V	S	V	S	V
V	S	V	S	V	S	V	S	V	S	V	S	V
V	S	V	S	V	S	V	S	V	S	V	S	V

The teams first initial will become the centre pass indicator ie. V= Vixens S = Swifts. Use team initials if the first initial is the same. Record each centre pass and circle at the end of each quarter.

		Only goals need to be tallied – not attempts	Total	Total
Q1	GS	II	4	6
	GA	IIIXII		
Q2	GS	IIIXX	3	5
	GA	XXXIII		
Q3	GS	IIIII	3	8
	GA	IXII		
Q4	GS	XIXIXIII	2	7
	GA	IIIX		
ET	GS	Final Score 26		
GA				

Progressive Score Record all goals. Circle the goal at the end of each quarter

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40
41	42	43	44	45	46	47	48	49	50	51	52	53	54	55	56	57	58	59	60

Progressive Score

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40
41	42	43	44	45	46	47	48	49	50	51	52	53	54	55	56	57	58	59	60

Officials	Name	Signature
Scorer	Bec Findlay	<i>Bec Findlay</i>
Umpire	Amanda Clarke	<i>Amanda Clarke</i>
Captain	Jo Weston	<i>Jo Weston</i>

Officials	Name	Signature
Scorer	Jo Smith	
Umpire	Kristi Pedretti	
Captain	Paige Hadley	

All scorers, captains and umpires need to print and sign their name at the completion of the game.

3. WINTER COMPETITION REGULATIONS & INFORMATION PACK

Refer to our website www.cvna.com.au
Competition Regulations
2026 Winter Comp information pack

Clarification of rules to:
admin@cvna.com.au

Delegates responsibility to understand the competition regulations and educate their club and officials.



Fill-in players

- Individuals filling in on a single game voucher must enter a division deemed appropriate and commensurate with their skill level.
 - *E.g. players that play for another Association or League i.e. league 17/Under teams must not fill in for a CVNA section 3 team. This must be considered in good faith to the Association and the fairness and equity of the game. If required, the Association can provide advice prior to games.*
- Single Game Vouchers are not valid towards qualifying for finals.

Borrowing players

- Players may **only register and play for one Club or entity team.**
- Players are **not allowed** to play in a **lower section or age group.**
- Players shall only be permitted to play in a higher section or age group or where a club fields multiple teams within the same section or age group, a player is eligible to participate in any of those teams.
 - E.g., If you have 2 teams playing in Division 3, Section B players in either team may fill in for the other team.
- A player may only represent one team per **section** or age group per round.
 - E.g., a player may not play in two Division 3, Section B games in the same round.

Male participation

- 11&U and 13&U age groups will have NO restrictions applied based on gender.
- Open and Senior teams can include male players but only **1 male may take the court at any one time.**

Rolling Subs

- Can be used by all divisions. More information in competition booklet/umpires section.

WINTER COMPETITION REMINDERS



REGISTRATIONS

REGISTRATIONS MUST be paid before players can take the court - no exceptions



FIRST AID

FIRST AID Teams must provide their own First Aid kits.
ICE ONLY is available from the office
Primary Carers must wear a vest so they are easily identified.



NO JEWELLERY

NO JEWELLERY

- NO jewellery, fitbits, watches
- NO Gloves - unless medical condition & Dr Cert supplied
- Nails must be SHORT & smooth



COMPLAINTS

COMPLAINTS

- Send someone to the office during the game
- Seek out the Umpire Supervisor during the game
- Written complaints to admin@cvna.com.au, refer to Winter info pack regulation 1.18 Grievance & Dispute resolution

4. CHILD SAFETY



CVNA

- All Coaches, Managers and Primary Carers aged 18 years or older are required to have either a valid Working With Children Check (WWCC) or a Victorian Institute of Teaching Number (VIT) if the team has players aged under 18
- It is the responsibility of each club to have a delegated Child Safety Officer (CSO)
- Upon written request from CVNA, WWCC and VIT details must be provided within 72 hours
- A reminder that child safety is the responsibility of all members within the community. We want to encourage a safe and inviting space for all
- If a child is in immediate danger call 000. Please email Child Safety complaints to childsafety@cvna.com.au.

5. UMPIRES 2026



CVNA

IF YOU SEE
GREEN
THEY'RE
UNDER 18



Let's **BAND** together in
support of young umpires

- **Umpire Co-ordinator** - Rochelle Whalen
- **Umpire Supervisor** will be in attendance on each game wearing “Umpire Supervisor Vest”
- **NV Green Bands program**- Netball Victoria launched the Green Bands program in 2025 to promote empathy and respect from players, coaches, and spectators towards our Junior umpires. ALL umpires under the age of 18years old will be identifiable by either the green wristband or scrunchie to increase awareness of Child Safe Standards throughout the netball community. Most are still learning and deserve our encouragement.
- **Umpire Mentors** will be in high vis vests supporting our learning umpires.



UMPIRE GAME MANAGEMENT

Prior to the start of the game - please ensure you have a Primary Carer wearing a High Vis vest so they are easily identifiable to the umpires.

Injury Time

For full clarification refer to rule 10.22. Stoppages from the Rules of Netball.

Rolling Subs

All divisions can use rolling subs. The correct procedure for a Rolling sub is as follows:

- The rolling substitute stands in the designated area.
- Before leaving the designated area, the substitute tags hands with the player leaving the court. This must be inside the designated area.
- The substitute then enters the court, whilst observing the offside rule and does not interfere with the movement of the umpires
- Play is not to be held up for rolling substitutions. If play is delayed, the player will be penalised under Rule 19.2. Delaying play.

PLEASE NOTE

Umpire abuse or mistreatment will not be tolerated. Umpires have permission to stop the game if they are not confident to deal with the issues and refer to the Umpire Supervisor.



UMPIRES - QUESTIONS OR CLARIFICATIONS

Captains/Players - if a player is not sure why they are being pulled up, any player is allowed to approach the umpires at the quarter breaks to ask for a Rule Clarification. This is a great way to learn more about the game & how you play it.

Coaches - if they are unsure of a decision an umpire has made they are allowed to approach the Umpire Supervisor for clarification. If their Players are confident to ask the questions, they can approach the Umpire for a Rule Clarification.

We want to encourage our Umpires, Players and Coaches to communicate so that everyone enjoys the game.

Any issues or concerns, please speak to the Umpire Supervisor in attendance





6. DEVELOPMENT



CVNA

- **Umpires Coaches Players**
- **CVNA Representative Squads**
 - **Coaches** : We are seeking passionate, committed, and skilled coaches to lead our Squad teams.
Information Sheet & Position Description links on our website:
[PD CVNA Squad Coach](#) – email applications to squad@cvna.com.au
 - **Player Nominations**
OPEN - 23/02/2026 CLOSE - 06/03/2026 **Registration Info/link to be confirmed**

13U via nomination from clubs, 15U and 17U self nominate

AGE REQUIREMENTS **Age is calculated as of 31/12/2026*
13&U (BORN 2013-2014) Open, Reserves, Development
15&U (BORN 2011-2012) Open, Reserves
17&U (BORN 2009-2010) Open
 - TRIAL DATES - are for ALL age groups**
Saturday 21/03/2026 - 3.30am - 5.30pm
Sunday 22/03/2026 – 9.30am - 11.30am
Sunday 29/03/2026 – 9.30am – 11.30am (u13 only as required)

7. COMMUNITY ENGAGEMENT



CVNA

COMMUNITY SURVEY FEEDBACK



Survey was undertaken at the end of the 2025 season – **43** responses – **Thank you!!!**

Some responses related to the twilight competition (particularly around grading).

We will endeavor to send the survey out prior to the end of the winter competition.

Area	Main issues	Steps to rectify
Grading	Lack of grading in primary teams, consistency	Grading policy established and process outlined for 2026
Facilities	Seating, parking, lighting, toilet access, and sheltered areas.	We will continue to canvas Council and the stadium in relation to parking and seating. We are working with stadium in relation to toilet access. Lighting of courts has now been completed! Yay!
Governance, rules, consistency	Lack of policies, conflicting information, umpire consistency in applying rules.	Governance group continues to develop and implement policies and procedures. All policies we have are available on the website. We will work with our game day staff and umpires in relation to understanding the competition regulations, information booklet and rules of netball.

MOST DISCIPLINED CLUB AWARD



Introducing the CVNA “Most Disciplined Club Award” 2026 Winter Competition

To recognise that success in netball is not measured solely by wins & losses, but how our players, coaches, officials & supporters conduct themselves each week.

CVNA is committed to fostering an environment that is respectful, inclusive, safe and supportive for everyone.

The award will be assessed following each game by officiating umpires, who will complete a simple behaviour rating card for each team.

Ratings will consider:

- On court player conduct
- Bench and team official conduct
- Spectator and supporter conduct

The purpose of this initiative is to:

- Reinforce positive behaviours aligned to CVNA’s values
- Promote respect for umpires and opponents
- Support a child-centered, development focused competition
- Encourage clubs to take collective responsibility for on and off court behaviour

MOST DISCIPLINED CLUB AWARD – Winter 2026 

Round:		Team a	v	Team b	
Date:	Total Rating:	1 2 3 4 5	< Players >	1 2 3 4 5	Total Rating:
		1 2 3 4 5	< Officials >	1 2 3 4 5	
		1 2 3 4 5	< Spectators >	1 2 3 4 5	
Ratings:	1: Unsatisfactory 2: Poor 3: Below Average 4: Good 5: Excellent				
Umpires:	Name:		Signed:		
	Name:		Signed:		
Comments:					
Cards returned to CVNA office after each match					

Most Disciplined Club 2026

At end of season: the club with the highest cumulative rating will receive the award in recognition of their contribution to a positive competition environment.

SUBCOMMITTEES



CVNA

Call for Sub-Committee members – 2026 Season

Four Board led sub-committees to support delivery of our strategic priorities & strengthen the governance & operations of our Association.

Each sub-committee will:

- Be chaired by a CVNA Board member
- Include up to 3 additional members from our club delegates and wider netball community
- Meet monthly during the netball season

Tournaments & Events Sub-Committee

To oversee planning, co-ordination & continuous improvement of CVNA tournaments, events and initiatives.

Governance & Child Safety

To support the Board in maintaining strong governance standards, policy oversight and compliance with child safety obligations.

Development

To drive capability uplift across players, coaches and umpires

Operations

To provide structured oversight and support to competition & operational delivery of CVNA Regulations.

Why Community involvement:

To enable our commitment to a shared responsibility, transparency and inclusive participation - Leverage the expertise in our community - Increase transparency in decision making - Build capability – Ensure decisions reflect the lived experience of players, coaches, umpires & families



Expressions of Interest: by 18th March

From Club Delegates, coaches, umpires, parents, players and community members (18 years +).

Email: admin@cvna.com.au

Indicate:

- Your preferred sub committee
- Relevant experience
- Your club (if applicable)

IMPORTANT INFORMATION



Please share all information with your whole netball community!

- Club Delegates: please share info with your team officials
- Coaches, Team Managers: please share info with your players & parents
- Follow us on our social media platforms
- Our website for all association information and policies



How can CVNA help with club education and communication?

Q&A



Thank you

 Match Day Co-ordinator
0438 636 464 (for match day only)

 admin@cvna.com.au

 CVNA website for all policies and competition information

 Facebook for general association updates



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Appendix



CVNA

Rolling Subs at CVNA

Same guidance as 2025



- Rolling Subs can be used by all divisions. THIS IS OPTIONAL.
- The substituting player stands at the designated area (SPOT).
- Before leaving the designated area, the substitute must TAG (with hands) the player leaving the court.

- ONLY 1 ROLLING SUB PER TEAM CAN BE MADE AT A TIME.

- Play is NOT HELD for Rolling Subs (so make sure you have a second set of same colour bibs handy!) Umpires DO NOT need to be notified of the Rolling sub.
- SUBSTITUTING PLAYERS ARE REQUIRED to adhere to offside rules when entering & exiting the court.
- Players MUST NOT interfere with the Umpire's movement during the substitution.