



## Extreme Weather Policy

### Purpose

The purpose of this policy is to ensure players, volunteers, and visitors are aware of the risks associated with playing in extreme weather conditions and provide a policy for determining if play should be postponed or cancelled.

### Scope

This policy applies to all CVNA players, volunteers and visitors whilst attending or participating in Association sanctioned events.

### Responsibilities

The CVNA Board is responsible for the implementation of this policy.

The CVNA Board is responsible for reviewing the policy annually.

CVNA staff are responsible for implementing this policy.

### Definitions

<b>AQI</b>	Air Quality Index
<b>CVNA</b>	Central Victorian Netball Association
<b>FDR</b>	Fire Danger Rating
<b>WBGT</b>	Wet Bulb Globe Temperature

## **Policy**

Ensuring players and volunteers' safety is the highest priority.

When determining whether to cancel, reschedule, delay games use the weather condition table below for guidance, also take into consideration:

Younger children and/or older players.

People with medical conditions, i.e., asthma, diabetes, epilepsy, and heart conditions.

Effects of weather on the courts, i.e. After rain, the courts can remain slippery. Limited shade available.

The Administration Officer is responsible for checking weather conditions and making recommendations to the board prior to and on game day.

The Board is responsible for determining if games are to be cancelled prior to and on game day.

The Match Day Coordinator and Umpiring Coordinator are responsible for checking weather conditions and making recommendations to the Operations Director during games.

## **Prior to and on Game Day**

If it is recommended to delay, suspend or cancel games, Clubs and teams affected will be notified at least 24 hours prior to game day or in the event of last-minute decisions as soon as practicable. Notification will be through Netball Connect comms, emails, and social media if appropriate. Text messages will be sent to Club delegates for last-minute decisions if practicable.

## **During Games**

The match day coordinator and umpiring coordinator are to check weather conditions during games.

If it is recommended to delay, suspend, or cancel games teams will be advised as soon as practicable (loudspeaker, Facebook, netball connect, etc). Text messages will be sent to Club delegates if practicable.

## Weather Condition Table

The following table is provided as a guide only.

Weather condition	Recommended action	Comments
<b>Hail / Heavy Rain</b>	Delay / Suspend / Cancel	Wait until hail / heavy rain has stopped and ensure courts are safe to return to.
<b>Lightning</b> If the time between seeing a lightning flash and hearing thunder is less than 30 seconds	Delay / Suspend / Cancel	The '30/30' rule is not an absolute rule. A storm may move very quickly or not generate any lightning or thunder. Wait at least 30 minutes after the last thunder before resuming outdoor activities.
<b>Temperature &lt; 15</b>	No restrictions	Younger children are more susceptible to cold weather.
Temperature <b>15 – 20</b> WBGT < <b>20</b>	No restrictions	Heat illness can occur in marathon running. Caution over-motivation.
Temperature <b>21 – 25</b> Humidity exceeds <b>70%</b>	No restrictions	Increase vigilance. Caution over-motivation.
Temperature <b>26 – 30</b> Humidity exceeds <b>60%</b> WBGT <b>21 - 25</b>	Consider modifying activities	Moderate exercise. Reduce intensity and duration of play/training. Take more breaks.
Temperature <b>31 – 33</b> Humidity exceeds <b>50%</b> WBGT <b>26 - 29</b>	Consider cancelling or ensure exercise is modified to include extra breaks, water availability, ice.	Uncomfortable for most people. Limit intensity takes more breaks. Limit duration to less than 60 minutes per session.
Temperature <b>≥ 34</b> Humidity exceeds <b>30%</b> WBGT <b>≥ 30</b>	Cancel	Very stressful for most people.
<b>Air Quality Index 0 - 50</b>	Good  No restrictions	Air quality is considered satisfactory, and air pollution poses little or no risk
Air Quality Index <b>51 – 100</b> Air quality is acceptable; however, for some pollutants there may be a moderate health concern for a very small number of people who are unusually sensitive to air pollution.	Moderate  Consider cancelling	Active children and adults, and people with respiratory disease, such as asthma, should limit prolonged outdoor exertion.
Air Quality Index <b>101 – 150</b> Members of sensitive groups may experience health effects. The public is not likely to be affected.	Unhealthy for Sensitive Groups  Consider cancelling	Active children and adults, and people with respiratory disease, such as asthma, should limit prolonged outdoor exertion.
Air Quality Index <b>151 – 200</b> Everyone may begin to experience health effects; members of sensitive groups	Unhealthy  Consider cancelling	Active children and adults, and people with respiratory disease, such as asthma, should avoid prolonged outdoor exertion; everyone else,

may experience more serious health effects		especially children, should limit prolonged outdoor exertion
Air Quality Index <b>201 – 300</b> Health warnings of emergency conditions. The entire population is more likely to be affected	Very Unhealthy Cancel	Active children and adults, and people with respiratory disease, such as asthma, should avoid all outdoor exertion; everyone else, especially children, should limit outdoor exertion.
Air Quality Index <b>300+</b> Health alert: everyone may experience more serious health effects	Hazardous Cancel	Everyone should avoid all outdoor exertion
<b>Fire Danger Index Low-Moderate</b>	No restrictions	Monitor conditions.
Fire Danger Rating <b>High</b>	No restrictions	Monitor conditions.
Fire Danger Rating <b>Very High</b>	No restrictions	Monitor conditions.
Fire Danger Rating <b>Severe</b>	Consider cancelling after reviewing other weather conditions.	Hot, dry, possibly windy conditions
Fire Danger Rating <b>Extreme</b>	Cancel	Extremely hot, dry, windy conditions
Fire Danger Rating <b>Code Red</b>	Cancel	Highest fire danger rating. No play.